

# List of Insurances

**Aetna Commercial**  
**Aetna Medicare**  
**Ambetter (Dr Galdames only)**  
**Avmed**  
**BC/BS (not MYBlue or Simply)**  
**BC/BS Medicare**  
**Bright Health Commercial and Medicare (Standard plan only)**  
**Imagine Health**  
**Care Plus**  
**Cigna (not Local Plus)**  
**GHI**  
**Golden Rule**  
**Humana**  
**Magnacare**  
**Medica**  
**Medicare**  
**MMM**  
**NALC**  
**Neighborhood Health**  
**Preferred Care Partners**  
**Sunshine**  
**Tricare**  
**United Health Care**  
**UMR**